

Annual Report of Udaan Welfare Foundation - Year 2015-2016

I welcome and greet all the esteemed members, donors, volunteers and our well-wishers.

“A dream doesn’t become a reality through magic; it takes sweat, dedication and hard work”

Udaan dared to dream and realised it. The seed of a project sown in 2011 has gradually evolved into a new project - **‘Saksham Community Centre’**, in the centre of the slums.

Our journey onwards entails more responsibilities, dedication, devotion and commitment to maintain the highest standards to make **‘Saksham Community Centre’** a centre of excellence.

How we dreamt of the project – The dream project was conceptualised while participating in an international competition for the welfare of girls and women in 2012. We planned for good oral care, nutrition, anaemia correction, health awareness campaigns for the girls and chose a girls’ college for setting up this project. Unfortunately, it could not materialise. We were fortunate to get an unused warehouse 2100 sq. ft. at Azad Nagar. With the help of members and volunteers, we planned the complete layout and with professional work done by committed contractors, we turned our dream into a concrete reality.

Activities conducted at Saksham Community Centre (August 2015 - September 2016)

Regular Health Services made available in the field of General Practice, Gynaecology, Orthopaedics, Dentistry, Medicine, Eye, Paediatric and Homeopathy.

Nutrition (Nutritional Assessment, Anaemia Monitoring, Nutritional guidance & monitoring)

Awareness Building (Personal Hygiene, Hand Hygiene, Infectious Diseases)

Computer Education (Digital literacy and computer education)

Education (Mathematics (Basic), General Knowledge, Udaan Vigyan Ki – Fun with Science, English Language development, Reading library – vernacular and simple English)

Environment (Environmental Awareness/Education)

Employability (Tailoring programme)

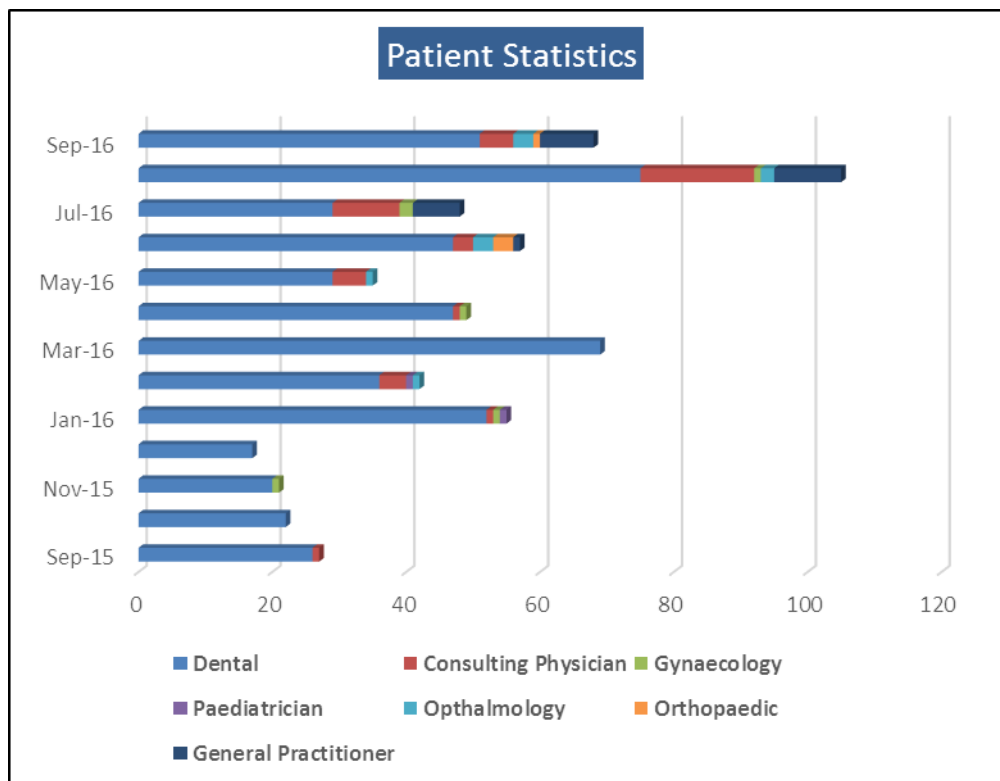
Fun (Indoor games – Scrabble, Chess, Quiz, Puzzles etc.)

Fine Arts (Dance – classical / modern, drawing art & craft)

Focussed Workshops / Expert Facilitator led Learnings (Origami, Summer Camps, Self Confidence and Personality Development)

**Health-
Patient Statistics at Saksham (Total 615):**

Month	Dental	Consulting Physician	Gynaecology	Paediatrician	Ophthalmology	Orthopaedic	General Practitioner
Sep-15	26	1					
Oct-15	22						
Nov-15	20		1				
Dec-15	17						
Jan-16	52	1	1	1			
Feb-16	36	4		1	1		
Mar-16	69						
Apr-16	47	1	1				
May-16	29	5			1		
Jun-16	47	3			3	3	1
Jul-16	29	10	2				7
Aug-16	75	17	1		2		10
Sep-16	51	5			3	1	8
Total	520	47	6	2	10	4	26



For a startup facility, the figures are satisfying as patients take time to develop trust and faith in the new medical facility. We continue to build trust amongst people by providing professional, honest and sincere services.

Nutrition -

- Independence Day celebrations - 1.5 tonnes of grain distribution (Rice, Dal & Jaggery) for 700 families
- Free grain distribution to 68 Adivasi families at Shahapur
- Grain Distribution to 75 children

Health Camps

- 1st Free Dental Checkup camp - 45 women & children served
- 2nd Free Dental Checkup camp - 25 women & children served
- 3rd Free Dental Checkup camp - 10 women & children served
- Republic Day celebrations - Free Health Checkup camp - for senior citizens - 85 people attended
- Blood Test Camp- 10 patients attended the camp
- Free Medical & Dental Camp – 48 patients attended
- Started Medical and Dental check-up at Gunjana School for 2000 students

Education / Health Awareness Sessions

- Awareness session on 'Nature Science' - 26 kids attended
- Health Awareness Camp (Gynaecologist session) - 20 ladies participated
- Personal hygiene/care awareness camp with Galaxy Surfactants - 30 children participated
- Talk on Malnutrition in kids by Paediatrician and Nutritionist - 20 ladies with kids attended.
- Skin health Care while using cosmetics– Zaara Khan Beauty Therapist – 15 ladies attended
- Talk on enhancement of various skills for women empowerment - 22 ladies attended
- 'Quality of Life For Young Minds' by Marico Industries for 1st-4th std. kids - 26 kids attended
- Udaan Vigyan Ki: by volunteers - 15 children attended
- Melinda Farrar (International volunteer) - Programme on Health, Nutrition & Hygiene: several sessions with 5 -10 kids in each session
- Quiz programme - several sessions with 15-20 children per session
- Value Education – 10 -12 children per session
- Storytelling sessions - 6 sessions with 8-10 kids per session
- Origami Workshop - 30 children participated
- Demo session of making Liquid hand wash with Galaxy Surfactants – 10 ladies attended
- Tailoring Students interaction programme
- Cloth Bag-making session: for tailoring ladies - 8 ladies attended
- Karate Classes ongoing since September 2015 – 6 students
- 2016 Summer Camp – total 80-85 kids participated
- Vertical garden by volunteers and children attending at Saksham
- Two days of door-to-door visits in the local community by General Practitioner
- Indoor gardening by volunteer and 15 kids
- Personality Development course for 8th-12th standard kids by professional trainers - 21 kids participated in this 12-session course
- Training given to the Volunteers for the Science Lab activities
- Value Education - Storytelling and Sanskrit shlokas 10-12 children/session
- Science and Maths classes conducted by volunteers

Entertainment / Fun activities

- Stage play
- Children's Day celebrations with Storytelling - 20 children participated
- Christmas Celebrations with 60 kids

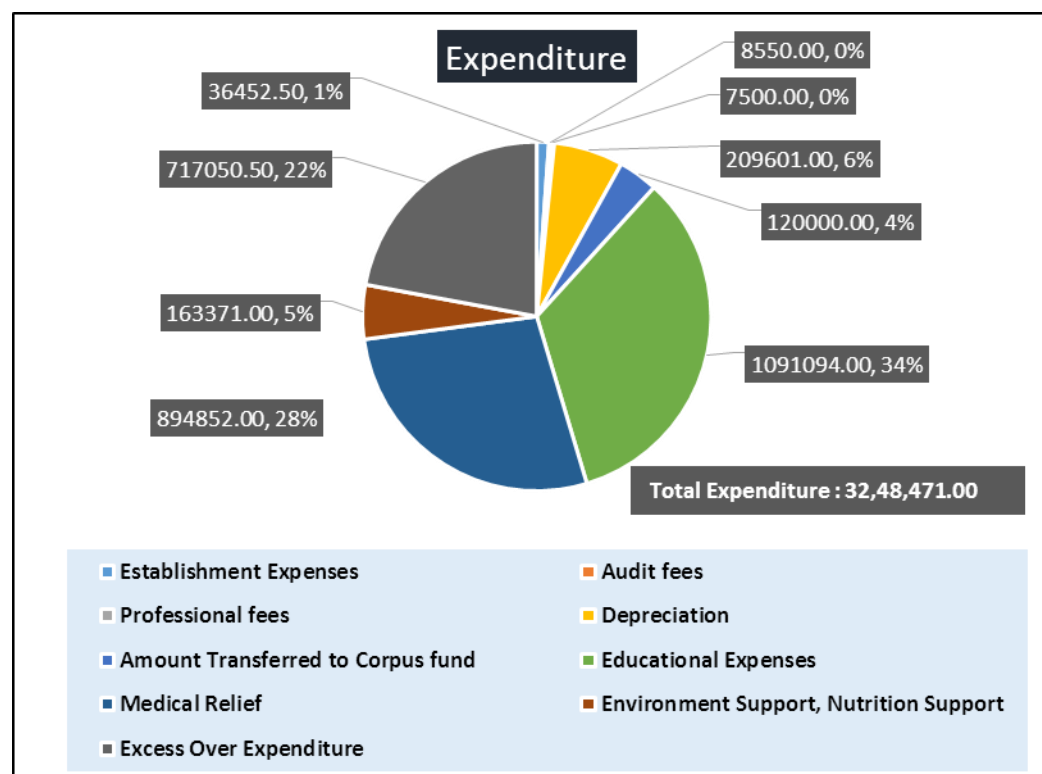
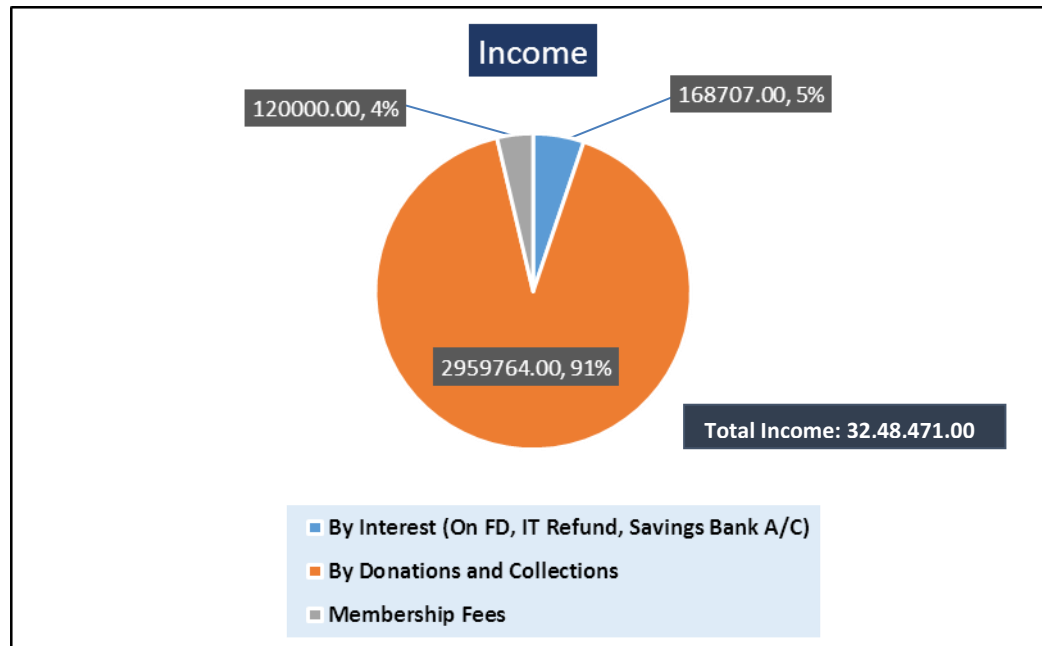
Welfare / Community-related

- Mel-jol program - Euroschool, Airoli & Harikishan English School, Thane - 100+ children participated
- Daan Utsav (Joy of Giving): Wish tree at Envirocare Labs Ltd. Thane
- Daan Utsav (Joy of Giving): Wish tree at K Serve Ltd. Thane
- Diwali Haldi Kumkum for community ladies: 100 ladies attended
- Healthy / Nutritious food competition participation of community kids and moms – 30+ children participated
- Community Survey of 470 people
- Flea market at Daffodils Pre-School for raising awareness
- Tie up with the NGO Goonj for collection of donation in cash and kind for flood victims

Our other ongoing flagship projects:

1. **Technology Centre:** In its fifth year now, the Technology Centre at Ma Niketan continues to engage and empower the 300 resident girl children. Apart from developing skills in computer/web technology and Microsoft Office, children have also been trained in commercial packages like Tally. This has helped many children to become employable. We are grateful to the Teachers and the Administrator for giving their best in nurturing these children and helping shape their future.
2. The '**PSR Education Fund**' - support for the education of 69 children at Anugraha Vidya Mandir, Ambarnath continues to be well-sustained and supported to this day thanks to our supporters since 2009.
3. The **Udaan Edufest**, titled "Udaan Naari Shakti Ki" was memorably successful in 2014 with active participation from over 260 girls from 10th to 12th Standard. Due to some logistical difficulties at Ma Niketan and our focus on setting up the Saksham Community Centre, we had to postpone the Edufest 2015 for one year. We intend to restart our very popular flagship project again in 2016.

Income and Expenditure figures for FY 2015-16:



GRATEFUL ACKNOWLEDGEMENTS:

We would first like to show our gratitude to the workers who toiled hard to do the interiors of the Saksham Community Centre. A big thanks to all the contractors for considering the value of the cause and making our costs affordable.

Udaan would like to thank these Institutional donors for their invaluable support –

• Daffodils Preschool Pvt. Ltd.	• Jasmine CHS Ltd.
• Ma Niketan	• M/s Akzo Nobel Ltd.
• M/s Capgemini India Ltd.	• M/s Envirocare Labs Pvt. Ltd.
• M/s Fit Right	• M/s Galaxy Surfactants Ltd.
• M/s Gautam Enterprises	• M/s IAC International Automotive India Pvt. Ltd.
• M/s H R Johnson Ltd.	• M/s K Serve
• M/s Kwench Global Technologies Pvt. Ltd	• M/s Mahalaxmi Builders
• M/s Maharaja Food Grains Agency	• M/s Manas Food Grains Agency
• M/s Mann Trading Co.	• M/s Mukesh Agro
• M/s Mukesh Supermarket	• M/s Neon World
• M/s New Era Informatique P. Ltd.	• M/s Nyasa Enterprises Pvt. Ltd.
• M/s SK Formulations Ltd.	• M/s Saltilabs
• M/s Sharda Cropchem Ltd.	• M/s Spectrum Johnson Tiles Pvt. Ltd.
• M/s Trigo-Group	• NCDEX
• RKM Foundation	• Rainbow International School
• Skill Train	• T Punamchand Charitable Trust, Delhi
• United Way of Mumbai	• Yoga Vidya Pranic Healing Foundation

We would like to gratefully thank all the donors - individual as well as institutional, for imposing their trust and faith in us.

Udaan Welfare Foundation would like to specially thank all the Teachers, Interns and volunteers for their continuous selfless support. Special mention to the management of Symbiosis College of Mass Media and Communications, Pune for sending their students for internships consecutively for three years, Dhyan Sadhana College (B. Ed), Principal and Faculty of Euro Kids School, Airoli, Trimurti School, Thane, Mumbai University MSW students, DJ International Schools, Thane, AISEC Mumbai and Tool Box.

Special thanks to United Way of Mumbai for supporting our cause at the Standard Chartered Marathon 2016 and helping us raise funds.

We would like to thank all the members and their families for strengthening our activities and achieving success.

We continue on our mission of empowering the underprivileged with Compassion and Humility. We hope for ongoing support in areas beyond finance – the priceless gifts of time, knowledge and skills. We look forward to having more volunteers join hands with us in making a difference to society as we inspire hope for a better tomorrow for all.

As always, we tremendously value the painstaking efforts and investment of time more than just the financial contributions of each of our stakeholders. We have always found that as our relationships

deepen, we have been able to collectively handle any constraint – be it funds, efforts, technology, resources or any other.

We consider it a great privilege and honour to be part of such a committed team as Udaan readies itself to scale new heights of service towards society.

Udaan Welfare Foundation now has a long way to go to meet the challenge of consistently making a mark in the areas of our operations at Saksham Community Centre, and win the confidence and hearts of people being served on a sustainable basis. However, our other ongoing flagship projects and other activities will be continued with the same vigour.

Looking forward to creating Happiness amongst all!