

Annual Report of Udaan Welfare Foundation - Year 2022-2023

"Alone, we can do so little; together, we can achieve so much." - Helen Keller

It is with immense pride that we present the Annual Report of Udaan Welfare Foundation for the fiscal year 2022-23. This report serves as a testament to our unwavering dedication, collaborative efforts, and remarkable achievements in empowering the communities we serve.

Throughout the year, Udaan Welfare Foundation, primarily through its flagship initiative, the Saksham Community Centre in Thane, has played a pivotal role in fostering positive change within our target communities. Our mission encompassed a wide range of needs, from education and healthcare to livelihoods and overall well-being, all with the overarching goal of upliftment and empowerment.

In this report, we encapsulate the impactful projects and initiatives that have transformed lives and ignited hope within our communities. By providing essential medical services, educational support, and livelihood skill development, we have sought to bridge gaps and illuminate the path toward a brighter future.

Education remains a cornerstone of our efforts, and this year, we expanded our reach through digital initiatives and fruitful collaborations with esteemed partners. Harnessing the power of technology, we brought education closer to those in need, empowering young minds to unlock their full potential.

Beyond practical assistance, our engagement extended to celebrating festivals, organizing cultural activities, and fostering a sense of togetherness. Through collaboration with organizations and individuals who share our vision, we have magnified our impact and unlocked new possibilities for those we serve.

We express our deepest gratitude to all our donors, volunteers, partners, and the entire Udaan family for their unwavering commitment. Together, we have achieved much, but our journey of empowering lives continues with steadfast resolve.

SAKSHAM COMMUNITY CENTRE (Our flagship project since 2015):

MEDICAL SERVICES

We continued to build up our medical services, though there were several staff challenges. The faith and trust imposed by the patients for all our visiting Consultants, Dental Surgeons continue to motivate us to improve our services.

We added 2 new advanced dental equipment in our dental clinic - a B class autoclave to improve the quality of sterilisation of instruments and a digital X Ray machine and digital RVG for taking good quality digital X-rays. These equipments were sponsored by M/s New Era Informatique P. Ltd. These facilities have brought our services at par with any private dental clinic.

We also conducted Anaemia detection camps for our beneficiaries at Saksham Community Centre and Ma Niketan, Thane. We provided Iron supplements as well as deworming tablets

to the Anaemics for three months. However, we were disappointed in the poor response from the children for regularity and continuity of medications. The biggest satisfaction of conducting the camp was identification of a young girl 10 years old with a haemoglobin level of just 2 gms/dl. She was active, attending school regularly with no symptoms. Immediately, she was referred to the Govt. hospital, transfused with blood and after a stormy stay at the hospital, recovered. Follow up blood checks showed a Hb of 10gms/dl and the child is doing well. This project was sponsored by the American College of Chest Physicians (WIC).

We present herewith the statistics of the patient attending our Saksham:

Patients attending our Medical Services Apr. 2022 to March 2023							
Dental	Ophthalmology	Homeopathy	Pathology	Dermatology	Orthopaedic	ENT	Total
1152	587	209	106	60	12	12	2138

Health Camps at Saksham Community Centre 2022-2023		
Health Camp	Date	Number of attendees
Dental (TMC School 55)	4/10/22	152
Anaemia Detection (TMC School 55)	4/10/22	163
Anaemia Detection (TMC School 55)	20/12/22	36
Total		351

EDUCATION

Summer Camp: From 18th April to 31st May, Udaan Welfare Foundation organized a summer camp for 75 children. The camp included a variety of activities aimed at enhancing their skills and knowledge. At the Yeoor Hill picnic, children had the chance to learn about composting while exploring a beautiful garden filled with flowering plants & trees. The provision of snacks added to their enjoyment and made the day fulfilling.

The summer camp was filled with a wide range of engaging activities for children. They would start their day with yoga session, followed by a delicious breakfast. After prayers, the children explored their artistic abilities by drawing faces, animals, and birds etc. They further unleashed their creativity by making animal masks. They also showcased their teamwork and dramatic skills through a captivating group skit based on Panchatantra stories. Additionally, they learned about Gita, financial literacy & session for saving money by creating piggy

banks using plastic bottles and newspapers. Practical skills like button and hook stitching, decorative paper flowers, creation of organizers etc. were also taught.

The camp concluded with a closing ceremony with the participants showing their learnings over the past 2 months. We gratefully thank all the faculty members for spending their precious time and skills and making a difference in the lives of children. Our special thanks to Mrs. Sheetal Thool for planning and executing the Summer Camp activities with full vigour and zeal.

Shankh sadhana session - 10 students got an opportunity to learn the art of playing the conch shell. The students learnt the art from the team of Oxyconch, Lonavala and continued to practice daily at Saksham for more than 3 months.

Saksham Gyanganga: Our regular after school classes resumed in May at Saksham Community Centre for the TMC school 55 and other nearby schools in the evening. Approximately 65+ children attended the Science, Maths and English classes for V to VIII Std. daily. We extend our heartfelt gratitude to the dedicated teachers- Mrs. Sheetal Thool, Mrs. Renu Goyal, Mrs. Varsha, Mrs. Gayathri Srivastava, Mrs. Rachana Vaidya and other teachers, interns for volunteering to teach and uplift the educational standards of the students.

Online English Classes with Popcorn Phonics: Starting in July, we embarked on a digital journey with 35 registered students. In collaboration with Popcorn Education and Training group, Bengaluru, we offered online English speaking classes to children attending Saksham Community Centre. The project witnessed an increase in enrolment, with 45 students actively participating and displaying enthusiasm in learning conversational English. We extend our gratitude to Mrs. Kavita Khanna, Mrs. Prita, Ms. Ritu and Ms. Rupal for their keen interest and dedication in helping the children learn English. We also thank our donors M/s Capgemini IT Solutions India P. Ltd. for providing digital tablets and other accessories; M/s United Way Mumbai & Mr. Anil R. Punjabi for sponsoring the classes.

Saksham Gyanganga (Digital)

Recognizing the educational setbacks caused by the COVID-19 pandemic, we launched a digital initiative the “Saksham Gyanganga Digital project” at TMC School 55 in mid September. This initiative provided online education in Science, Maths and English to 110 students from grades V to VIII daily. The online educator app has been provided by eVidyaloka, a reputed NGO at Bengaluru. With the financial support of Capgemini IT Solutions Pvt. Ltd., we procured 20 digital tablets and accessories to facilitate online learning sessions and a teacher was appointed specifically for this project. The project was very successful through the year and children have benefitted significantly. We aspire to continue in the next academic year too.

Computer classes: Our regular computer classes restarted in May with an ex student taking the role of a computer teacher. She picked up the teaching skills and continued to study for her XI Std. The attendance of students was upto 130 per day during the initial 6 months and thereafter upto 75 students. They learnt MS Office and about 13 students learnt Tally accounting software. All participating students of Tally scored A Grade (80 - 86.7% marks) on online assessment through our partner Tally Academy.

Science Classes on Sundays: To nurture curiosity and scientific understanding among our students, we introduced regular science classes on Sundays. We thank Mr. Yateen Shinde, Mr. A. N. Rao and Mr. Ritesh Singh for conducting the classes periodically for upto 30 students.

Commerce classes: We introduced online commerce classes on weekends for the commerce students of 11th Std. onwards. Initially about 8 students joined but later only one student has continued till date. We extend our appreciation to Ms. Manisha Vyas, a Chartered Accountant with KPMG, for volunteering with her time and expertise.

NLP Program for Educators: "Never stop learning; for when we stop learning, we stop growing". Keeping this spirit of learning high, Udaan Welfare Foundation organised a session on NLP for all the teachers teaching at our Saksham Community Centre.

Mr. Amit Pathak, the faculty conducting the Neuro Linguistics program, is an international figure and a passionate coach aiming to bring about a change in the way people perceive problematic situations in day to day life. He took out time from his hectic schedule to organise these sessions on NLP on 14th October '22 and 11th November which was attended by 18 teachers and Interns.

We thank Mr. Anil Punjabi for sponsorship of this activity.

LIVELIHOODS

Tailoring classes: We continue to empower the ladies from the nearby slums daily for tailoring. More than 180 ladies have benefitted by the classes with the guidance of Mrs. Seema Chaube and Mrs. Surekha L. Muluk.

Data of different educational activities FY 2022-2023 (Saksham Gyanganga)			
Classes	Period	Students	Students Hours
Tailoring Classes	April 2022-March 2023	189	71442
Regular Classes (3 PM to 5 PM)	April 2022-March 2023	155	48050
Udaan Digital School (At TMC School 55)	Sep 2022-March 2023	112	17100
Computer Classes	May 2022-March 2023	423	13958
Science Classes	Aug 2022-March 2023	75	11250
Spoken English	July 2022-March 2023	45	2655
Tally Classes	Aug 2022-March 2023	8	345
Chess Classes	Feb 2022-March 2023	24	216
Tabla Classes	Aug 2022-Oct 2023	12	144
Commerce Classes	Jan 2023-March 2023	7	30
Total		1050	165190

NUTRITION

Saksham Poshan

As part of the foundation's commitment to improving nutrition, distribution of 50 kg each of rice and dal was done for 50 children and women attending our Saksham Community Centre. The distribution aimed to address food insecurity within the community, providing sustenance to vulnerable populations and promoting better nutrition among TMC school children and women.

We also provided healthy freshly made snacks to the 60+ children everyday attending our summer camp for 6 weeks.

We also provided dry high protein snacks, fruits, etc. to all the children attending the Saksham Gyanganga project in the evening. More than 50 children benefitted daily for the entire year.

Celebrations:

Celebrating 75th year of Independence - Udaan successfully celebrated the Azadi Ka Amrut Mahotsav for the students of TMC school 55, nearby resident children and the students from Harikishen English Public School, Thane. Various activities and performances were conducted by all the 100+ students to showcase the significance of freedom and communal harmony on 15th August, 2022. The celebration was covered by Thane Vaibhav newspaper. A group of social workers sponsored the healthy and nutritious meals.

Raksha Bandhan was celebrated with the 50 students of TMC School 55 by **Rakhi-making activity and Vrukshabandhan (tying rakhis to the old trees in the vicinity)**, thus emphasizing the importance of bonding and relationships not only amongst each other but also with nature.

Teacher's Day was celebrated to honour and appreciate the dedicated educators at Saksham Community Centre. All the children and the ladies from tailoring classes attending the centre, joined us to felicitate their teachers and seek their blessings.

Ganpati celebrations, allowed the students to participate in the festivities and learn about the cultural significance of the event. Late Mr. A. N. Rao taught 30 students to make Ganpati's with clay. The children participated enthusiastically and thereafter did the visarjan in an environment friendly way.

Dussehra was celebrated by providing healthy snacks to about 50 children. Some students volunteered to paint the diyas to be given as gifts to the guests for the forthcoming Diwali celebrations.

Diwali Celebration: Udaan Welfare Foundation celebrated Diwali with the lesser privileged children on 20th & 21st October, 2022 at our Saksham Community Centre, Thane. 80+ children participated by making Kandeels and Torans. A Clown cum Magic performance by Mr. Pravin Tulpule (Mr. Happy) added hilarious moments for the participants after lunch. The children performed dances and a skit. The senior leadership from Capgemini India Ltd.

sponsored and personally participated in the event and had a very happy, friendly and fruitful interaction with the children. The children thereafter, enjoyed the ice cream and a musical session with Mrs. & Mr. Anand Chhatre & team.

The guests, children as well as the organising team had truly a fun and frolic filled celebration, brightening up the faces with broad smiles.

Christmas was celebrated with fervour by the children. About 40 children participated in a painting competition and were given prizes and gifts by their Santa teachers. The children were also made aware about the day being celebrated as Veer Bal Diwas in memory of the two young sons of Shri Guru Gobind Singhji who were martyred.

Republic Day Celebrations: Republic Day was celebrated with enthusiasm at Saksham Community Centre, where students showcased skits, dances and songs portraying the freedom struggle and the importance of unity among different communities.

Events:

Drum Beating Program for Children by Divine Drummers: On 5th November, 2022, Divine Drummers conducted a Djembe drum beating program for 35 children, introducing them to the rhythmic world of percussion instruments. The children enthusiastically played the drums and enjoyed the evening with the guests.

Art Activities for 30 Students: Students celebrated the birthday of Mrs. Riddhi one of our benefactors, by engaging in painting activities, encouraging their creativity and providing a platform for self-expression on 12th November.

Warli Painting with Global CEOs at Capgemini Premises: 24th November was a day to remember for 15 young children from Saksham Community Centre, Thane who became the Art tutors for Capgemini's 15 Global CEOs from European countries.

Trained by Mrs. Sheetal Thool, these children drew Warli paintings live and the esteemed guests learnt the tribal art hands on and happily replicated the art of their young tutors.

The children presented their drawings to the guests and in turn received Guru Dakshina from the guests.

The children also got an opportunity to visit the vast green campus of Capgemini, Airoli and were also served a sumptuous lunch. We are grateful to the Capgemini CSR and BU team for giving our children an opportunity to interact with the guests.

It was an amazing memorable experience for the children, organisers, the guests and the members of Udaan.

Visit by students from the USA - Udaan Welfare Foundation hosted a group of 30 international students and their mentor from the USA as part of a study program called "Semester at Sea" conducted by the University of Colorado, on 17th January, 2023. The students were visiting India as part of a program where they complete their studies onboard and visit different countries to study the culture, social and healthcare programs. We hosted this group at our Saksham community centre and provided them with a tour of local Municipal Dispensary, Thane Municipal School 55 and a short tour of our neighbourhoods. This was followed by a cultural performance by our students, and an interactive session on

social problems and the state of healthcare facilities in India as compared to other developed countries. Overall, the visit was a positive experience for both the students and our organization. We are grateful to TCI (Travel Corporation of India) for sponsoring and giving us the opportunity to host the students and staff during their short visit in India.

Visit to Capgemini - Capgemini leaders learn Mandala art: On 2nd March 2023, a remarkable collaboration took place between 20 young students from Saksham Community Centre, Thane, and 20 Global Legal & Ethics team leaders from Capgemini India Ltd. The objective of this initiative was to provide a unique learning experience for both the students and the leaders. Under the guidance of Mrs. Sheetal Thool, the young children became art tutors and taught the senior leaders the art of creating Mandala Art paintings live. The guests were captivated and impressed by the artistic abilities of the children, who skilfully imparted their knowledge to the leaders. The children gifted their artwork to the guests, who reciprocated by rewarding them with Guru Dakshina, a gesture of gratitude and respect for their outstanding work. The children were elated to receive recognition and appreciation from the guests. Moreover, the children had the opportunity to visit a miniature version of the expansive Capgemini campus in Airoli and enjoyed a delightful lunch. This memorable experience was made possible through the support of Capgemini's CSR and Legal & Ethics teams, who provided the students with a remarkable platform to interact with the guests and showcase their talents. The project proved to be a resounding success, leaving the children with a sense of pride and accomplishment. The initiative received high praise and appreciation for its efforts in fostering a unique and inspiring exchange between the young and senior leaders, promoting cultural understanding and learning. Post the event, 40 children created colourful Mandala art with the kits gifted by Capgemini, further enhancing their skills.

On 21st March, a group of employees from **Capgemini** visited our centre and interacted with the students. They taught the children art of story telling and then trained them to narrate the stories by performing a skit. The children picked up the lessons and ably performed the skits in a short time.

On 23rd March, 2023 a team of staff from **Tata Play Ltd.** visited our Saksham Community Centre and interacted with the children. The children performed the skits they had enacted on 21st March, much to the appreciation by the visitors. The guests also sponsored nutritious snacks for the 70+ children.

WELFARE / COMMUNITY WORK

Masks Distribution to Slum Children and Ladies: The foundation distributed 5000 masks to children and women in slum areas, promoting health and safety during the last phase of ongoing pandemic from April to July.

Slate Distribution: Slates were distributed to the about 40 young students of 1st to 4th Std., enabling them to practice and enhance their writing skills at TMC School 55.

Education Support to 10th Std. Girl at Navodaya School & College, Thane: In June 2022, the foundation supported the educational fees of a 10th grade girl studying at Navodaya

School & College in Wagle Estate, Thane. This support was provided considering the girl's family circumstances, as her mother was suffering from cancer and her father worked as a motor mechanic. The foundation had also supported the education of the same girl and her brother in the previous academic year.

Distribution of Water Bottles, T-Shirts, and School Bags: Commemorating Azadi Ka Amrut Mahotsav, Udaan on 12th August 2022, distributed water bottles to 72 children at TMC School 55.

Additionally, 220 **T-shirts** and 60 **school bags** were distributed to the students, aiming to enhance their learning environment and access to educational resources. Mrs. Rahael Jalan, a mathematician from Vancouver, Canada and Mrs. Amruta Shinde, CSR Consultant from Capgemini India Ltd. did the honours.

Warli Wall Paintings of the terrace of TMC School 55: Our volunteers, along with school students, painted beautiful Warli art on the terrace walls of TMC School 55 in December, adding vibrancy and creativity to the school premises.

Painting of Saksham Community Centre by Capgemini Volunteers: Udaan Welfare Foundation was privileged to get the financial support from WeKare Society (Capgemini) and a team of 20 volunteers from Capgemini India Ltd. for painting the entire 3000 + sq. ft. of our Saksham Community Centre at Azadnagar, Thane on 31st October. We thank the benefactors for this needed support as the centre was painted in 2015. The fresh paint rejuvenated the centre and created a conducive environment for the beneficiaries.

Blanket distribution- Udaan Welfare Foundation conducted a blanket distribution program from 5th to 8th February 2023, benefitting the residents of Shidpada, Kharli, Anandwadi, and Rumalpada tribal villages in Shahpur Taluka, Dist. Thane. A total of 280 blankets were distributed to provide warmth and comfort to the communities. This initiative aimed to alleviate the cold weather challenges faced by the tribal villagers.

In addition to the tribal villages, Udaan Welfare Foundation also distributed 120 blankets to children and women, attending our Saksham community centre.

The successful blanket distribution was made possible through the generous donation of 400 blankets by Ek Muthi Anaj. Their contribution played a vital role in ensuring that those in need received the necessary warmth. Additionally, Udaan Welfare Foundation expresses its gratitude to Mr. Mukund Bhagat for his valuable assistance in facilitating the distribution process in the villages.

Sewing Machine Donation: On 16th June, 2022 and 22nd March 2023, we donated sewing machines to two of our young tailoring students, empowering them with a skill that could contribute to their livelihoods. Both are doing well in their profession and supporting their family. We are grateful to Mr. Hansmukh D. Pandhi for donating the sewing machines.

Wada Raha Sanam: a grand musical program featuring a host of talented musicians, was held at Ravindra Natya Mandir, Mumbai on 3rd December, 2022. A captivated audience enjoyed a sold-out performance which was memorable for both the quality of the music as

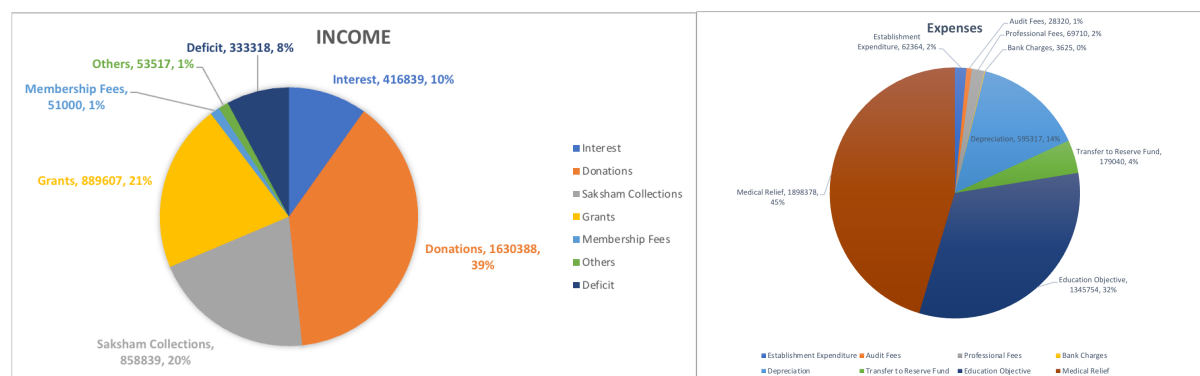
well as for the Udaan Welfare Foundation. Our president, Dr. Anil K. Luniya, was felicitated during the show, and the show itself was a fundraiser event for Udaan. We are grateful to Mrs. Radhika Mohan & Mr. Mohan Iyer for organizing the show and for their continued encouragement and support to Udaan since 2016.

Mood Indigo - Udaan Welfare Foundation was one of the NGO partner for the Mood Indigo annual cultural festival of IIT Mumbai wherein we got our presence felt to more than 250000 participants across the country apart from Corporate and multiple Embassies.

Tata Mumbai Marathon: As in the past 7 years we again participated in the Tata Mumbai Marathon and raised funds for our educational services at Saksham Community Centre through their Charity partner United Way Mumbai. Our interns from SNDT University reached the venue early in the morning to cheer our runners on 24th January, 2023. We thank all the runners, especially doctors from Akola, for participating through us and supporting our cause

Internships: We continued to have students from Symbiosis Institute of Media & Communication (SIMC) & SCMC Pune; Mumbai University; SNDT University; Nirmala Niketan; NMIMS School of Design, Navi Mumbai; NMIMS Mumbai; and ITM University this year also. We also had students from Flame University, Pune this year for the first time. We are grateful to all the Institutions for choosing our organisation for the internships.

Income and expenditure - 2022-2023



Acknowledgements:

We sincerely thank everyone who has been a part of our journey and has provided unwavering support and encouragement. Our heartfelt appreciation goes out to our donors, beneficiaries, members, staff, faculty, interns, volunteers, and well-wishers for their valuable contributions.

Special thanks are extended to Capgemini India Ltd., Capgemini IT Solutions India Pvt. Ltd., WeKare Society, Tata Play Ltd., Inzpera Health Sciences Ltd., United Way Mumbai, Neurogen Brain and Spine Institute, American College of Chest Physicians (WIC), New Era Informatique Pvt. Ltd., J R Agro Industries Pvt. Ltd., Orbit Info Systems, Nyasa Enterprises P. Ltd., Nasscom Foundation, SwarOm Events Entertainment, Ek Muthi Anaaj, Arise for

Future (Dubai), Bai Savitabai Waghji Lakhimdas Sahayak Fund, Voice of St. Anselm's 72 Association, Chenab Impex Pvt. Ltd., Give Foundation INC. USA, Give Foundation India, Ultra Pest Control, Travel Corporation of India, Divine Drummers, and numerous individual donors who have wholeheartedly supported our initiatives.

The Udaan family has always strived for excellence in all aspects of our work. Each individual's dedication and commitment have played a crucial role in the success of our endeavours. We deeply appreciate the time and effort invested by our stakeholders, recognizing that their contributions extend beyond financial support.

Through our collective efforts, we have overcome various challenges and continue to make a positive impact on society. It is an honor to be part of such a committed team as we aspire to reach new heights in our service.

“There are two ways of spreading light: to be the candle or the mirror that reflects it”