

UDAAN WELFARE FOUNDATION Annual Report 2025–26

Rooted in the underserved communities of Thane, Udaan Welfare Foundation operates on a simple conviction: that access to healthcare, education, nutrition and economic opportunity is not a **privilege to be earned** but a **right to be delivered**.

Across six core areas - Healthcare, Education, Women's Empowerment, Nutrition, Community Celebrations and Outreach, the Foundation served thousands this year — children who learned coding and performed on public stages; women who stitched their first professional orders; patients who accessed affordable specialist care; and families supported whose tables remained full.

A. HEALTHCARE

Udaan delivered across nine healthcare touchpoints this year, treating thousands of patients and screening hundreds of school children.

1. **Dental Services**

Udaan's dental clinic treated **2,077 patients**, providing checkups, restorative procedures and implants at affordable rates. One patient with near-total dental deterioration underwent complete rehabilitation, restoring her ability to eat, speak and regain confidence.

2. **OPD Specialist Consultations**

Across all services, **2,848 patients** were treated — **2,077 through the dental clinic** and **771 through specialist OPDs: Homeopathy (286), Ophthalmology (262), Pathology (80), Dermatology (78), Orthopaedics (35) and ENT (30)**. By bringing multi-specialty care under one roof, Udaan continues to model equitable healthcare access.

3. **Health Awareness & Wellness**

Health camps, awareness initiatives and Fitness & Yoga sessions reached **425 community members**, promoting preventive healthcare in underserved areas.

4. **School Health Camps**

Eye, dental and blood screening camps were conducted at **TMC School 55 (133 students)** and **Navbal School, Azadnagar (66 students)**, reaching **199 children**. Many were found anaemic. Udaan distributed free iron and deworming tablets, conducted haemoglobin follow-ups after one month and extended treatment to **58 additional students**, supported by the **American College of Chest Physicians, Western India Chapter**.

5. **Anaemia Camp — Ma Niketan**

At Ma Niketan, Thane, **105 girls** were screened; **61 identified as anaemic** received free iron tablets, deworming treatment and counselling, again supported by the **American College of Chest Physicians, Western India Chapter**.

6. **Mental Health Support —**

With support from **Connect For** and **Mind Care Foundation**, **20 women from Udaan's tailoring classes** received free **online mental health guidance** sessions conducted by a **Neuroscientist**. The sessions addressed stress, financial anxiety and social isolation, reinforcing the link between emotional wellbeing and economic empowerment.

7. **A Leg to Stand On**

Udaan supported a **14-year-old student** who had lost his left leg in a 2020 accident. Through collaboration with **Yashwantrao Chavan Centre** and **Mr. Vinay Somani from Social Change Group**, a prosthetic leg worth **₹1.5 lakh** was **facilitated free of cost**, enabling the student to return to school confidently.

8. **Standing by Our Own**

When a staff member's mother was diagnosed with **Oesophageal Cancer**, Udaan supported

the family financially and emotionally through the full course of treatment. She underwent chemotherapy and successful surgery at Tata Memorial Hospital, Mumbai, and is **now recovering well**.

B. EDUCATION

The Saksham Gyanganga educational framework ran six structured programmes, engaging **332 students and logging 7,440 verified student hours**. Saksham focuses on capability-building beyond conventional schooling.

1. **eVidyaloka — Online Classes**

For three consecutive years, eVidyaloka — a Bengaluru-based NGO — has taught **English, Science and Mathematics to students at TMC School 55**, online and free, funded by **WeKare Society**. This year, **54 students**, instead of TMC55 School, attended at Saksham and accumulated **1,915 verified student hours**.

2. **Saksham Kilkari**

Every weekday morning, **Mrs. Babita Khanna**, a retired principal in her eighties, taught **35 children for 536 student hours** in moral values, cursive writing, reading, speaking, art and craft.

3. **TAP Buddy Programme — Mentor Me Foundation**

Supported by **WeKare Society**, **136 students** participated across **five streams**, generating **2,693 student hours**.

(i) STEM

Students learned through hands-on projects including water filtration and rainwater harvesting models, turning science into practical problem-solving.

(ii) Financial Literacy

Children learned savings, investments and banking concepts. **One Std. 8 student confidently helped her mother complete banking transactions independently**.

(iii) Coding — Scratch & Octopus Studio

Students designed games, debugged code and learned computational thinking through practical coding sessions.

(iv) Visual Arts

Drawing, painting and collage helped children develop creativity, cognition and emotional expression.

(v) Performing Arts

Students learned movement, rhythm and stage confidence, encouraging self-expression and body awareness.

4. **English Speaking — Karadipath**

English Speaking classes conducted by **Kardi Education Pvt. Ltd., Chennai**, served three days a week, up to **72 students, clocking 1,998 student hours**, supported by **WeKare Society**.

5. **Art & Music — Divine Drummers**

Students received **Djembe drum** training and performed publicly, including at Friendship Day celebrations at **Korum Mall, Thane**, where **20 Saksham children** performed before a live audience - claiming public space and building lasting self-confidence.

6. **Digital Skills — IIT Bombay**

In December 2025, Udaan partnered with **Spoken Tutorials, IIT Bombay** to offer subsidised courses in Programming, Web Development, Data Analytics, Animation and Graphics for students above Std. 10. Saksham's upgraded computer lab, supported by Capgemini laptops, now enables advanced software training.

7. **General Knowledge — Mr. Rajiv Podar**

Every Saturday, **30-40 students** attended online General Knowledge and Current Affairs sessions conducted by **Mr. Rajiv Podar**, a **quadriplegic, from Kolkata**, whose energy and determination deeply inspires students.

8. **Practical Science — Mr. Rajnikant Sinha**

Every Sunday, up to **15 students** attended hands-on science sessions conducted by **Mr. Rajnikant Sinha, Senior VP**, bringing professional expertise into the community classroom.

9. **Value Addition Sessions**

Monthly sessions by **Mrs. Hema Mukhi Ahuja and Mrs. Rashmi Tamboli** on self-awareness, body language, focus and values reached **35 students and logged 298 student hours**.

10. **Summer Camp**

The annual eight-week Summer Camp engaged more than **50 children** in yoga, art & craft, financial literacy and activity-based learning, **clocking 5,000+ activity hours**. **Nutritious snacks** were served daily, and the camp concluded with a showcase ceremony for parents and benefactors.

C. TECHNOLOGY EMPOWERMENT

1. **Computer Classes**

Eighty-five beneficiaries invested **3,050+ student hours** learning Basics of Computers, Typing, MS Office, Advanced Excel, Tally and Canva. Tally cohort earned **Tally Academy certification, enhancing employability**.

2. **Career Guidance Sessions**

Two sessions reached **116 students from Std. 9 to 12**, covering careers, digital skills, Viksit Bharat, health, time management — breaking through the quiet resignation that tells underserved youth certain futures are not for them.

D. WOMEN'S EMPOWERMENT

1. **Tailoring Classes — Since 2015**

Approximately **35 women** attended tailoring classes daily, collectively **investing 9,814 student hours**. The **66 women** who passed through the programme this year produced blouses, gowns and dresses with professional precision. The tailoring section also completed a commissioned **order of 200 cloth bags from preloved garments, demonstrating market readiness**.

2. **Saksham Tejaswini — Relaunched**

After a **six-year hiatus**, Saksham Tejaswini relaunched in 2025-26 with **50 women enrolled** in Mehendi, Rangoli, Aari work, Hem Stitch, Hair Styling, English Speaking, beautician basics and jewellery making - all monetisable arts. On Women's Day alone, 35 women enrolled immediately.

Together, Tailoring and Tejaswini delivered **10,642 student hours of skill-building across 116 women**.

E. NUTRITION

1. Daily Meals — Saksham Poshan

Freshly prepared nutritious snacks were served daily in the evenings to an average of **47 children**, resulting in over **15,000 meals** during the year. Morning high protein dry snacks were also provided to **30-45 children** after online learning sessions and Saksham Kilkari classes.

2. Grain Distribution

During Ganesh Chaturthi, approximately **50 children** received **1 kg rice, ½ kg dal and ½ kg jaggery** each. Additionally, **120 kg of rice** was distributed to community members in need.

F. COMMUNITY CELEBRATIONS

Celebrations at Saksham are participatory experiences that build confidence, creativity and cultural pride.

Raksha Bandhan

Forty children handcrafted Rakhis and celebrated together, reinforcing the values of care and creativity.

Friendship Day

Twenty children from Saksham performed **Djembe Drumming Jam** with Divine Drummers at **Korum Mall, Thane**, building confidence on a public stage.

Independence Day & Janamasthami

Around **100 students and guests** attended celebrations fully **choreographed** by the children themselves.

Ganesh Chaturthi

Forty children created **eco-friendly clay idols** of Lord Ganesha, performed puja and conducted responsible visarjan under the guidance of **Mrs. Kanchan Shetty**.

Navratri — Garba

Sixty children learned and performed Garba through training sessions conducted by **volunteers from Pravruddi Foundation**.

Diwali

About **100 children and guests** participated in a student-led celebration featuring a dramatic enactment of **Samudra Manthan, emergence of Goddess Lakshmi and the Rajyabhishek of Lord Ram**.

NGO Mela at Capgemini

Udaan showcased its work at Capgemini's NGO Mela in Airoli, expanding visibility among corporate professionals and potential supporters.

Christmas

Daffodils Pre-Primary School, Thane exchanged handmade gifts and cards with Saksham children. Around **45 children** celebrated Christmas at Saksham, where the **housekeeper played Santa Claus**.

Monthly Birthdays

Udaan introduced monthly birthday celebrations for children, women, students and staff, creating moments of recognition and belonging.

Women's Day

Women's Day marked the **relaunch of Saksham Tejaswini**, with 35 women enrolling immediately.

G. BEYOND SAKSHAM — OUTREACH ACROSS INDIA

1. Education — Lohagad Village, Nagpur

Udaan appointed and financially supported two teachers at a pre-primary school in the remote **tribal village of Lohagad, Taluka Kalmeshwar, Nagpur**, with support from **Pawak Food Products Pvt. Ltd.** **Student enrolment increased from 10 to 29, with over 30,000 student hours invested.**

2. Udaan and the Indian Army in Sikkim

On September 9, 2025, in Lower Khani, Rangpo, Sikkim, Udaan provided **educational stationery, school bags and slate kits to approximately 200 school-going children and toddlers**, distributed by Mrs. Meenakshi Rathore, Head of Army Families, Gangtok Division, at a newly inaugurated ICDS centre built by the Indian Army.

3. Technology Access — Computer & Laptop Donations

In partnership with **Capgemini** and other supporters, Udaan donated computers and laptops across **multiple locations**:

- **Pune: 40 desktops** to century old Bombay Mothers and Children Welfare Society, for establishing **computer labs in 12 Zila Parishad schools** at Rajgurunagar Taluka, benefiting **800+ students annually**.
- **Kinwat, Nanded: 10 desktops** to **Sane Guruji Emergency & Multi Specialty Hospital**, a tribal hospital, helping in the administration and an opportunity for the tribal staff to empower digitally.
- **Palghar: 5 desktops** to tribal Zila Parishad schools in Somate and Barhanpur benefiting **100+ students**.
- **Thane: 3 desktops** to **Shri Harkishan English High School, Tulsidham** benefitting **148 students annually**.
- **New Delhi/Ahmedabad: 15 laptops** to **Gunjan Foundation** at their **Swadhyaya Sadan** learning centre.
- **Lohagad, Nagpur: A laptop** to **Ms. Srishti Dhawad, B.E. Mechanical** student, and **one desktop** to **Zila Parishad School at Lohagad (Zilpi)** jointly donated by the **Halde family** and Udaan.

4. Coding & Graphic Design for Girls — Ma Niketan

Twenty girls from Ma Niketan, Thane attended weekly **Python, Java and Graphic Designing** classes organised by Udaan, building **foundational skills** with direct career pathways in technology.

5. Donation of Community Goods

Fifteen study chairs were donated to Sane Guruji Emergency & Multispeciality Hospital, Kinwat. Through Ek Muthi Anaj **two instant geysers** were donated to Jayshree Foundation, Dhule and **one geyser** to All is Well Foundation, Ulwe, Navi Mumbai.

H. NGO PARTNERSHIPS & FUNDRAISING

1. Tata Mumbai Marathon 2026 — Ninth Year Running

For the **ninth consecutive year**, Udaan participated in the Tata Mumbai Marathon through charity partner **United Way Mumbai**, raising funds for educational services at Saksham.

2. **Mood Indigo, IIT Bombay**

Udaan showcased its work at IIT Bombay's Mood Indigo festival, introducing its mission to **over 250,000 participants**.

3. **SWARAANKH — A Decade of Partnership**

On November 21, 2025, **SwarOm Events & Entertainment** hosted "SWARAANKH," a Sufi and Bollywood musical fundraiser professionally and successfully curated by **Mrs. Radhika Iyer**, at Savarkar Auditorium marking **ten years of partnership** between SwarOm and Udaan.

I. VISITS & INTERNSHIPS

1. **Student Internships** — Nearly **1,000 student Hours** collectively contributed by Interns and volunteers from NMIMS School of Business Management, NMIMS School of Design, NMIMS School of Engineering, Atlas Skills University Mumbai, XIME Kochi, Flame University Pune, ITM University Navi Mumbai, Sophia College Mumbai, SRM University Chennai and Singhania School Thane.

2. **TISS Teachers' Training Programme**

The TELTA-21 team at CETE, TISS conducted an orientation for 71 MCGM secondary school teachers and 5 Capgemini partners including Udaan, followed by the launch of Digital Badge Course DB01 on constructivist use of technology in education.

J. THE SPARK WITHIN — ANTHOLOGY OF CHANGEMAKERS

Udaan convened **25 NGO leaders** at Saksham Community Centre to plan an anthology capturing journeys of social sector changemakers and explore collaboration opportunities.

Published with **Irus Tima Publishers**, 'The Spark Within' brings together thirty changemakers — including Udaan's Founder President — on a single platform, capturing the personal journeys of social sector leaders who chose impact over comfort. It is an invitation to every reader to ask what their own spark might be.

K. RECOGNITION

Alpha Awards

Udaan received recognition for outstanding contribution to community development.

Thane Vaibhav Felicitations

As part of its Golden Jubilee celebrations, Thane Vaibhav, along with Sewa Connect and Creative Smiles Ltd., honoured 50 credible NGOs across Thane district, including Udaan among them.

CLOSING REFLECTIONS

What stands out in 2025-26 is not the scale of any single programme, but the consistency behind them all. Year after year, Udaan returns to the same classrooms, clinics and communities with the belief that every person deserves the opportunity to grow.

This year, that belief translated into over 15,000 meals served, 2,077 dental patients treated, 570+ children educated, 66 women trained in tailoring, technology access for tribal schools, a prosthetic limb restored to a 14-year-old boy and an anthology published by changemakers who chose impact over comfort.

It also appeared in quieter acts: a retired principal teaching every morning in her eighties; a quadriplegic mentor inspiring children every Saturday; and our housekeeper becoming Santa Claus for 45 children on Christmas.

None of this happens without the generosity of donors, dedication of staff, volunteers and partners, and resilience of the communities Udaan serves. This report is, above all, an expression of gratitude — to everyone who believes that small acts, done consistently and with care, can change the world.

They can. They do.